



# BUG BITES

A monthly publication from the Infectious Disease department

MONTHLY INFECTIOUS DISEASE NEWSLETTER

IN THIS ISSUE – C.DIFF, COCCI, RESTRICTED ABX, WEBSITE

## ID WEBSITE

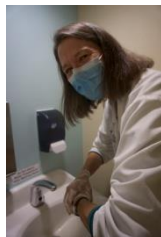
Did you know that there is an ID Website? Search on the residency homepage <http://www.venturafamilymed.org/> Rotation Pages → Infections Disease You will find numerous guidelines, OPAT instructions, stewardship lectures, restricted antimicrobials, and so much more!

## RESTRICTED ANTIBIOTICS

There is a list of restricted antimicrobials that require ID approval &/or consultation (see ID Website)  
M-F 8am-4pm: contact ID Pharmacist  
Sat & Sun 8am-8pm: contact ID Physician on call  
Afterhours: 1-2 doses can be ordered by selecting criteria for use. The Physician must contact ID Physician or Pharmacist in AM to obtain approval.

## CLOSTRIDIUM DIFFICILE (C.DIFF)

Hand sanitizers, gels, & foams are NOT effective at killing C.diff. Remember to use soap & water



## Question of the Month:

**What is the first thing you do when you see a positive urine culture?**

Find out if the patient has any symptoms of a UTI! We see many cases of asymptomatic bacteriuria, and most of the time these patients do NOT require any treatment. Treating a positive culture, when a patient is asymptomatic, is not recommended. Unnecessary treatment leads to the development of resistance and risk of unwanted side effects of antibiotic therapy. (Some exceptions are in pregnancy, renal transplant patients, etc)

## Did you know?

We are seeing increased rates of Cocci following the Thomas Fire & Mudslides. In fact, leaf blowers have been banned in Ventura & Santa Barbara Counties to reduce stirring up ash and dust. If someone has a prolonged respiratory illness, &/or is not improving on CAP treatment, think Cocci.

- C - consider diagnosis
- O - order right tests
- C - check for risk factors
- C - check for complications
- I - Initiate treatment (if needed)