

**CONTRAINDICATIONS TO PERFORM
SPONTANEOUS BREATHING TRAIL (SBT)**

ALL VENTILATOR PATIENTS SHOULD HAVE A DAILY SBT

UNLESS THEY HAVE A CONTRAINDICATION:

(NO PHYSICIAN ORDER IS NEEDED)

- ❖ EXCESSIVE SECRETION/HEMOPTYSIS
- ❖ HEMODYNAMIC INSTABILITY
- ❖ PaO₂/FiO₂ less than 150
- ❖ PEEP greater than 10
- ❖ FiO₂ greater than 50
- ❖ MINUTE VOLUME greater than 15
- ❖ pH less than 7.30

STANDARD SBT DONE WITH CPAP 5, PSV 8 x ONE HOUR THEN PSV TO 0 x 5 MINUTES